

Friends

The newsletter of Rossendale Hospice

The Hospice reaches out for help from the community



Rossendale Hospice has been part of the community for nearly 25 years and has benefitted many times from the overwhelming generosity of local people.

Traditionally the Hospice has been able to cover its costs and expenses but this year an expansion in services coupled with the ending of an additional Health service grant has left the Hospice with a shortfall.

"It's something we have known was coming" said Irene Smith, the Chief Executive. "But rather than cut services or face serious staff cuts we are looking to the community for help."

As the work continues and demands on finances increase the Hospice is hoping to inspire existing groups to consider ways in which they might help. Trustee Stephen Crook has been asked to contact organisations throughout Rossendale to see if they are able to help by having collections, by holding

fund raising events or by simply offering their time. He is hoping to contact schools, churches, scout and guide groups, women's and men's organisations, music groups and other funding charities such as Lions, Rotary, Round Table, Freemasons and others.

Stephen, who is a headmaster, local lay preacher and children's worker, has strong links in Rossendale and hopes to form a group who will help contact as many organisations as possible who would like to hear about the great work the Hospice does and the difficulties in maintaining this great service.

He said: "The work of the Hospice will affect everyone sooner or later, either directly through close relatives or indirectly through neighbours and friends. We all know someone who has been helped, is being helped or sadly will need help. So it is important that as many people as possible are able to find out what the Hospice can offer."

It takes more than £700,000 a year to run the Hospice, that's £58,000 a month, £13,000 a week or nearly £3,000 a day. The money is put to good use providing day care at the Hospice premises on Bacup Road, Rawtenstall or home care through the Hospice at Home service which supports end of life patients. It is a service that has helped and supported thousands of local people, is open to all in need, is fully inclusive and provides high quality, professional care in times of crisis.

"We need a little help from the people of the Valley" said Irene Smith. "It's a difficult time for all charities as money is tight and costs continue to grow. We really appreciate help from any individual, group or organisation prepared to give us a helping hand."

If your organisation is willing to help please contact Stephen Crook on stephencrook@btinternet.com.

Annual Ball raises £38,425



Kym Marsh, Jim Rosenthal and Shobna Gulati

Rossendale Hospice Diamond Ball, held on the 7th July was a sparkling affair! The event organised by our very talented and determined Special Events Committee (all volunteers) raised a huge £38,425.

The glittering affair was compered by Jim Rosenthal, who was not the only celebrity on the night. Kym Marsh former singer with

pop group "Hear'Say", who plays Michelle Connor on Coronation Street entertained guests with a couple of solo numbers and was then joined by her talented daughter Emily for a duet.

Shobna Gulati, also a member of the cast of Coronation Street – (Sunita Alahan) donated a meal, to be cooked by her own fair hands for 12 people as an auction prize. She will be ably assisted by several of her famous colleagues.

This was a huge hit with guests.

Our thanks go to the very talented Chalcedony Williams and Andrea Price, (student and music teacher from Bacup and Rawtenstall Grammar School) who performed the pre-dinner entertainment and to guests who attended. Thank you also to all the businesses and individuals for their generosity with raffle and auction prizes.



Lorraine and Martin... off to see The Killers

Wishes can come true!

We recently introduced a "Wish Box" within the patient lounge, to see if we could bring a bit of sunshine to difficult times. Of course there are some wishes we can't help with, but we can help with some; painting someone's lounge or a fish & chip supper at the seaside. Here are a couple of wishes that really did come true. Patient Lorraine Cowie, 35, attends our Day Therapy Unit. Lorraine wanted to surprise her partner and now carer, Martin. Thanks to Mark Kayley of Technology Solutions Rawtenstall, Lorraine and Martin are off to see the Killers in concert at the MEN. We hope you have a fab time!



Another patient Craig Wright, left, had a lifelong dream come true. Thanks to the magic of Belinda and Carl Evans he went to see Manchester United play.

Have you ever thought of being a trustee?



Welcome to our Autumn newsletter. I hope the appalling weather hasn't dampened your spirits too much. I know that Valley folk are accustomed to a bit of rain, but the last few months have been ridiculous!

However, come rain or shine people are still putting in the effort to raise funds for us. Everyone associated with the Hospice is eternally grateful for everything you do, because without your effort we would be well and truly scuppered.

And that effort is still there, despite the hard times. When a whole community suffers, charities like ours are going to feel the pain as well. Our budget predictions at the beginning of the year were pretty dire, but your support has been there when we needed it and we look in good shape to carry on with our full range of services. Yes, we have reviewed our expenditure and have reduced costs wherever possible, but that wouldn't count for much

unless fundraising income was holding up. In addition we are looking at new initiatives and many of you will know about our new Hospice Charity shop, which opened in June. It's brilliant and the best thing that can be said about it is that it doesn't look like a charity shop. If you haven't yet been in, please pop in and I am sure you will be able to pick up a real bargain and help the Hospice at the same time. So we finish the year as we started, in good heart, confident that we are providing the right range and quality of services, bolstered by superb contributions from staff, volunteers and the community as a whole.

Did you know that trustees at the Hospice give their time for nothing? Currently we have ten, many of whom are busy in their working and professional lives and, as Chairman, I know how much the Hospice has to thank them for. Some assume specific and very onerous tasks and I would like to place on record the contribution of Andrew Walmsley. He has recently moved on, but for eight years acted as our Treasurer and committed

really serious amounts of time and effort guiding us through some difficult issues and making sure that we always operated on a sound financial footing. Andrew simply wanted to help in some way and on your behalf I would like to thank him for all that he has done for the Hospice in his time with us. I am thankful that another trustee, Jack Whittaker, has volunteered to become Treasurer and I am sure he will maintain the legacy left by Andrew.

If you would like to become involved, or would like to 'give something back', have you ever thought of becoming a volunteer at the Hospice, or even a trustee? We need a balance of skills and experience on the Board, but also fresh blood to maintain energy and introduce new ideas. So if you are interested and think you might have some time to spare, please contact us at the Hospice for a chat. We are very friendly and the least you will come away with is a better understanding of our work.

Geoff Summers - Chairman

Hospice shop needs good winter stock

Check your drawers, raid your wardrobes, the Hospice shop is looking for stock, particularly winter stock.

If you've decided on a new party frock we'd love the old one, if your shoes are pinching send them along, need a new winter coat, we'd love to give the old one a new lease of life.

The shop has been a tremendous success since it opened on Bank Street, Rawtenstall in June but there is a constant need for good stock, for books, shoes, bric-a-brac, collectables even for rags which all get weighed in.

The shop needs a huge volume to keep it in its prime position as one of the best charity shops around; it needs more than 100 bags of goods a week to keep it looking good, to keep up with the large turnaround and to have new stock on the shelves each day.

"We're always looking for new stock" said manager Caren Cookson. "We sell lots of things every day and we update our stock constantly. People know they can always find new stock on our shelves."

Can we have your email address?

It costs the Hospice several thousand pounds a year to post this newsletter.

We really value the contact it gives with the people who support us but we could save a considerable amount if we could email it rather than post it. We have 5781 people on our database but only 956 email addresses so... we'd love you to email us with your email address. If you no longer want

"The staff and the volunteers have worked really hard to give the shop that bright, clean look that people like and that brings them into the shop. Lots of people mistake us for a regular shop rather than a charity shop and we take that as a compliment.

"Now it's well into autumn and we're looking for winter stock so if anyone has anything at home that they plan to replace we'd love to have it. We want coats, shoes, boots and warmer clothing. Send it all along and we'll sort it."

The shop has been so successful that the Hospice is now thinking of opening another shop in Haslingden. Negotiations are well under way and we'll need stock for that shop as well.

Please contact Caren on 01706240084 if you want to drop off bags or have them collected and contact either Caren or Lesley Marsh, Hospice Volunteer Co-ordinator, if you want to volunteer for either the Rawtenstall or the proposed Haslingden Shop. Lesley can be contacted on 01706253633.

to receive the newsletter we'd also like to hear from you. Please send your email address to fundraising@rossendalehospice.org

Look out for our new Website...

We are in the process of updating our website which will offer much more in the way of patient information and easier ways to donate to your local Hospice. www.rossendalehospice.org

Presentation evening for care home staff



Geoffrey Summers, Christine Durkin, left, and Emma Malecki from Hill View Nursing Home.

Lancashire and Cumbria Cancer Network has funded a training programme aimed at the Care Home sector based on a national initiative 'Six Steps to Success' which focuses on the delivery of good end of life care. Funding was made available to Rossendale Hospice to deliver this programme which commenced in December 2011.

The programme has been well received by care home staff and demonstrates changes in practice and improved end of life care for the resident and their families and carers.

Fourteen Care Homes in Rossendale have now been successful in accreditation in the Six Steps programme. A presentation evening was held at Rossendale Hospice on Wednesday 17th October 2012 when each home received a certificate to display and individual staff received a Six Steps Champion Certificate and a badge to indicate that they have attended the training. The certificates were presented by Geoffrey Summers, Hospice chairman. Three more groups will complete the course by the end of the year.



Rachel raises £235

Rachel Burrows, left, took part in the Bolton 10K and raised £235

A leaf for John

John Wylie ran The Greater Manchester marathon in memory of his brother David who died last year.



The dad of two finished the 26 mile run in 3h28min57secs and raised a fantastic £1884! Pictured are his family who have come to view the engraved leaf on our giving tree.

Bacup and Stacksteads Carnival



We were lucky to have been chosen as the nominated charity to receive part of the money raised during the carnival parade.

Over £300 was raised on the day. Thank you to students from Haslingden High school for their art contributions, My Party Balloons for making the float look colourful, My Mascot Party who provided the fantastic costumes and to Rossendale Self Storage and Hargreaves who provided the transport.

Cultural Walk

Beauty Culture Salon, Bacup organised a cultural walk in celebration of their 21st birthday and raised over £1000.



Zumbathon

Rhys Roberts raised over £1000 from the Zumbathon he organised in July this year. Helen

Rothwell donated £123 from the Zumbathon she held in September.

Riders donate £738.67

Riders from Peers Clough Farm have raised £3,000 for several charities. Four ponies



from the club took part in the 48 mile Mary Townley Loop. More than 40 riders took part on the 25th July to raise money for the Hospice and other local charities.



Car Wash

A car wash was held by Jack Banks and his friends to raise funds in memory of John Bradford –

they raised a fantastic £82.50!

Coast to Coast

Ron Suthers chose to walk/run from coast to coast to celebrate his 65th birthday. He travelled 198 miles from St Bees to Robin Hood Bay and has raised a fantastic £1300!



Carolyn is Woman Of The Year

Carolyn Shepherd, was honored with the 2012 award Rossendale Woman of the Year. Ninety of the Valley's finest turned out to celebrate the achievements of Rossendale's most outstanding women.

Rawtenstall-resident Carolyn, who had tough competition in the form of Sheila Dewhurst and councillor Anne Cheetham OBE, was named as the most valued woman in Rossendale due to her tireless fundraising



Carolyn Shepherd with her Woman Of The Year Trophy

and work within the community. Carolyn has dedicated 28 years to charity work with organisations such as the Royal Lifeboat Association and the British Heart Foundation, as well as holding the position of vice president of Civic Pride and working as a local magistrate all whilst holding down a job at Bank Street-based retailer Sunday Best. Carolyn says: "I'm completely

shocked but absolutely delighted to win Woman of the Year 2012, I really can't

believe it. I know both Anne and Sheila very well and both are very worthy candidates.

I really enjoy helping others, charities could always do with volunteers and I would encourage people to help where they can." For over a decade Rossendale Hospice has recognised and celebrated the achievements of remarkable women

from the area at their annual Woman of the Year award ceremony. Guests at this year's event were treated to a three-course meal, musical entertainment, special prize raffles and speech by guest, Rossendale's Ltd Chairwoman, Julie Green Jones.

A fantastic £4913 was raised for the hospice. Next year's event will be held on 25th April 2013 at the Red Hall Hotel.



Great North Run

We were honoured to have 8 runners taking part in this year's popular event, they were, Marco Alessi and Chris Bloodworth from Rossendales Ltd, Claire Jacobs, Charlotte Jarvis, Adrian Watt's, Emma Holmes, Emma Greenhalgh and Gillian Simpson. Collectively they raised over £2000! If you would like to enter next year please contact the office for an entry form.



Rawtenstall Annual Fair

The sale of Christmas cards, wooden toys and a bear collection raised over £500



Hadrian's Challenge

Alison Pressler from Mears Group took on the challenge of Hadrian's Wall and donated £300.

£100 Donation

Helmshore Ladies Group President Cynthia Moore presents volunteer Jennifer McKenzie with a donation of £100.



The Peakers



Sixteen female adventurers undertook the Three Peaks Challenge eight of which chose

to raise funds for the Hospice. The group from across the valley scaled the highest mountains in England, Scotland and Wales in just 24 hours and raised over £9000 in sponsorship!

Brothers James and Garry Pickles of Online Media Direct also undertook the 3 peaks challenge and raised over £600.

Patients' voices

We are constantly reviewing our services to ensure we offer our patients and families the care and support they need. There is no finer voice than the voice of experience, so we have formed a Hospice User Involvement Group, made up of present and past patients and carers.

The group will look at the care they received and give their views on patient literature. If you have accessed care at the Hospice and would like to be involved in this very valuable group, please telephone Susan Holmes on 01706 253633.

Buy a canvas donated by our patrons Arthouse

Arthouse, our patrons, have donated various art canvases that you would normally see on the High Street. For a small fee canvases can be purchased either on our Ebay site http://myworld.ebay.co.uk/rossendale_hospice or at the reception area of the health hub in Rawtenstall every last Thursday of the month.

On Wednesday 21st November 5.30-8pm you will also have another opportunity to view and purchase Arthouse pictures and wall coverings in their lovely premises at St James Church, Bacup Road, Waterfoot, BB4 7JU. Money raised from the sale will be donated to the Hospice.



Our staff fundraiser too!



Sam Cannon, who works for our Hospice at Home team and her sister Danielle decided to leap 10,000 feet in a sky dive and have also baked and sold cakes to raise money in memory of their father.

Our Nursing Manager, Vicki ran the Manchester 10k and raised £380. She's pictured with volunteer Damon Frost who she married last month. Congratulations to you both.



Carol Metcalf, one of our nurses in Hospice at Home celebrated 50 Years of Calamity with a Wild West themed party, the Bucking Bronco, and raised £167.98

Chris Holt, Administration Manager is holding a Pink Angel Jewellery party at the Hospice on 28th November at 6.30-8.30pm. A donation of £2 on the door will include a glass of wine.

Calendar for the Hospice



Rosendale Hospice has launched a calendar for 2013 featuring scenes from around the valley. Photographers Paul McKell, Graham Whitehead, Colin Hubbard and Martin Yates have donated the photographs and support was given from Ken Stott and John Riding from Hudson & Pearson printers. They are priced at £4.50 and can be purchased from the Farmers market in Helmshore on 4th November, at Musbury Fabrics, Helmshore, the Hospice shop and Card Centre in Rawtenstall, Thelmas and Wishes Galore in Bacup, Headmasters in Waterfoot and The Village Wool shop in Crawshawbooth.

Hello and goodbye...



Since our last edition of the Newsletter we have said a fond farewell to Ken Croasdale, left, Patient Escort/Driver who had been with us for over 8 years and retired from the Hospice on the 19th October.

We shall all miss him and wish him a very happy retirement. The Fundraising Department also said farewell to Amy Grimshaw who left to pursue a career in nursing – best of luck Amy we are sure you will be a great success. And we give a warm welcome to Lisa who joined Fundraising as Admin Assistant in June.

Caribbean celebration

LESS than 12 months ago, eight East Lancashire women were at their lowest ebb – after cancer diagnosis and surgery. Now the 'friends for life' are committed to supporting the organisation which brought them together. The safety of the hospice environment allowed the women – all diagnosed with breast cancer, except Carol who has an incurable form of bowel cancer – to open up about their



Carol Allenger, Kathryn Gallagher and Jan Taylor

fears. Jan, from Haslingden, said: "We were able to talk freely, to empathise with one another, to laugh and to cry." Kathryn, from Whalley, added: "We were away from our families, who we didn't want to worry. It was a safe environment; whatever is said in the hospice stays in the hospice."

With three of the group's seven breast cancer cases being among women under the age of 50 – the age at which women are called for mammograms – the group is committed to increasing awareness of the disease. Kathryn, who found out she had cancer 'by accident' after a last minute mention during a visit to her GP for another matter, said: "You think of a hospice as giving end of life care but there are so many women here who were my age and younger."

To pay back the hospice for bringing them together and getting them through the early days of the disease, the group took inspiration from Carol's Jamaican roots and decided to host a Caribbean Spectacular.

"We were talking over lunch and said 'they've done so much for us, why don't we do something back'," Carol said. "And I'd opened my big mouth about Caribbean food, sharing recipes with the others."

Music for the party night, at the Poplar Social Club, Accrington, came from Jan's DJ son Andy Taylor as well as Bacup and Rawtenstall Grammar School, with dancers from Dansworks in Bacup.

The night was a huge success and raised over £1400. Thank you to everyone involved.

Morecambe Bay Walk



Unfortunately due to high tides and hazards the Hospice Morecambe Bay Walk had to be cancelled not only in June but in August also.

This didn't stop Brian and Jackie, Mayor and Mayoress of Rossendale who didn't let the weather dampen their spirits. They had raised over £1000 in sponsorship so decided not to disappoint their sponsors or the Hospice by doing their own walk in Morecambe but via a safer route. Others kindly gave their sponsorship and donated their registration fees. Thank you to everyone. We will be holding another event next year but hopefully it will be on a dryer day. Details on Facebook and the Hospice website.



Lyndsay Hardman, Amanda Gregory & Claire Horsfield

£7000 horse race

Quick thinking organisers hosting a fundraiser for the Hospice saved the day from potential disaster and raised over £7000! Claim Link UK had originally organised a charity cricket match for their annual fundraiser but rain stopped play. Fortunately the event was transformed into an afternoon of horse racing as employees watched races from York and Ascot which the guests gambled on. The racing was followed by tea, a raffle, special prize draw, auction, evening buffet and disco.

It's a Knockout

Nine teams took part in It's a Knockout with lots of water and lots of fun. The event, with the original costumes and props from the TV series, was held at Marl Pits, Rawtenstall, and was a big hit with the 90 people taking part and great fun for spectators, although a little late rain added to the water theme.



Forthcoming Events

- ▶ **15th November** Ladies Christmas Extravaganza at Red Hall Hotel 11.30-4pm. Fashion show fine food and live entertainment. For all enquiries, please contact Richard Burns on 01706 822476 or email: richard@red-hall.co.uk.
 - ▶ **28th November** at the Hospice 6.30pm onwards join us for a Jewellery Party hosted by "My Pink Angel". Admission £2 (includes glass of wine & nibbles!)
 - ▶ **29th November** Come and visit us in the reception area of Rawtenstall Health Centre where we will be selling 2013 Calendars, Art Canvases and Christmas cards.
 - ▶ **2nd December** Clogs Ont' Cobbles – Come and visit our Santa's grotto in Rawtenstall at Woodcocks Solicitors, Bank Street.
 - ▶ **7th December** "Ladies Christmas Lunch" Boyzone's Keith Duffy will be supporting us at this year's event at Nino's Restaurant, Rawtenstall on Friday 7th Dec 11:30am - 4 pm. Tickets go on sale from Nov 5th at 10am at the Hospice or you can phone 07528 163096 to book.
 - ▶ **8th December** Jimmy Eaton's Christmas Ball. A night of fantastic food and entertainment at Whitworth Civic Hall. For more details please contact Jimmy on: 07966 410774.
 - ▶ **12th & 13th December** We will be doing a collection at Tesco Haslingden – please give generously! Alternatively, you can donate 2 hours out of your busy schedule by collecting for us, contact Lesley, our volunteer co-ordinator.
 - ▶ **18th December** Light Up a Life at St Nicolas' Church, Newchurch from 7pm. This event gives you an opportunity to make a dedication and remember your loved ones at this special time of year. To make a dedication visit www.justgiving.com or email fundraising@rossendalehospice.org
 - ▶ **20th December** Visit us in the reception area of Rawtenstall Health Centre to purchase your last minute Christmas presents.
- 2013 Dates for your diary**
- ▶ **25th April** Rossendale Woman of the Year 2013 at the Red Hall Hotel
 - ▶ **21st September** Annual Ball at Fence Gate, Burnley For further details please see our website www.rossendalehospice.org or contact 01706 253633 opt 3.

Janet decides it's My Turn to help

Janet Foster's poster caught the attention of Hospice staff...it read "My Turn" and encouraged everyone to call for tea, coffee and cakes at her home. "I wanted to do something to help and my husband thought of the "My Turn" phrase and it was exactly right."

"We have lived in the area for 10 years and everyone knows someone who has been helped by the Hospice. It's really important work."

Janet's posters encouraged lots of people to call at her Bankside home in Bacup on August 2nd and she raised a splendid £707.10. "I want to thank friends and neighbours and everyone who helped me and everyone who came" Janet said. "I would be really pleased if other people decided it was their turn to help the Hospice as well. Perhaps we can have more My Turn tea parties." And that's a sentiment echoed by everyone at the Hospice. Thank you Janet, and thank you to everyone who decides it's "My Turn" to help the Hospice.

Judith raises £930

Former patient Judith Woods held her 50th birthday at Haslingden Cricket Club and donated £930 to the Hospice. "People were so generous when they knew where the money was going" she said. "And it was a great evening."

The Hospice asks everyone to Give a Little... Help a Lot

In the last newsletter we asked each of you to consider a regular donation to the Hospice through our Give a Little...Help a Lot campaign. Several of you decided to give and we are truly grateful for your help. If you thought about it at the time but didn't proceed with the paper work we ask that you reconsider.

There has never been a time when the Hospice needed your help more. We are looking at the first annual loss in the Hospice's accounts for many years.

We are looking carefully at our costs, we have increased the pressure on our fundraising team, we have opened a successful shop and are about to open another, but we are trying desperately not to cut services.

The expected loss comes from an expansion in the service we provide, an increase in costs and the ending of an additional health service grant. We knew it was going to be a hard year and it is but we really feel that the expansion of service was correct, we are now helping patients each

weekday, we are providing care for people with a wider variety of illness and we have a much needed counselling service for the newly diagnosed and a bereavement counselling service for those facing personal loss.

It all costs money at a time when money is tight for all charities. There are figures elsewhere in this newsletter that show it takes more than £700,000 a year to provide the care we give to the people of Rossendale.

If you can help in any way we would be grateful. The idea of the campaign is that if lots of people give a little, whatever they feel they can afford, it mounts into a total that would be really useful.

If you would like to help please contact the fundraising department they will send you a standing order form, you fill in whatever figure you feel comfortable with and no one will try to pester you to increase that figure. You can cancel the standing order at any time you choose and again no one will try to make you change your mind. We need your help.

Now it's time to help the helpers

A recent addition to the services offered at Rossendale Hospice is the 'Carers Support Group'. The aim of the group is to provide support, advice and help for those caring for someone at home suffering with cancer or a long term condition. The Hospice recognises that it is hard for carers at home looking after someone who is ill or has a long term condition

24/7. It takes its toll on them physically, mentally and emotionally. How often does the carer get asked, 'How are you?' It is an informal group where we talk a lot, laugh a lot and eat cake! It is a place where

friendships can blossom and mutual support is given as we share feelings, problems, hints and advice. It is also a place where ideas are developed and plans made to do fun things. At the moment the group is planning to go out together for lunch at a local venue. We meet at the Hospice twice a month on Mondays 10.30am to 12.30pm. It is an informal time where carers can share their worries and concerns and generally 'off-load' with people who understand as they are all in

the same kind of situation.

Carers can have the same therapies available to patients and enjoy some relaxation and 'TLC' as they have an aromatherapy massage or have counselling /hypnotherapy which one person commented, '...helped them greatly.' They can talk to the staff having opportunity to say things that they maybe can't at



Left to right, Derek Booth, Martin Walker, Beryl Dearden, Craig Simpson

home, as they do not want to burden or worry their family.

We have only been meeting for a few months and are planning to develop and promote the service to others not known to the Hospice. We are arranging an open day on Monday 12th November 3pm until 6.30pm in order to open the group up to others who are with-

out support struggling to care for a loved one at home (they don't have to have a relative that attends the Hospice – it's for anyone!).

Carers in the group are of a wide age range and background, with people they care for having a variety of conditions. If you would like to know more about the group then please feel free to either call in at the Hospice or telephone us on 01706 253633.

We are your local Hospice – here for YOU!

Spotlight on your Hospice Trustees



Jack Whittaker, Hospice Treasurer said: "I have lived in Rossendale most of my life, apart from short stays in Preston and Australia. Since qualifying as an accountant I have worked in industry and commerce up to retiring three years ago.

"I became acquainted with the work of the hospice when my first wife, Jennifer, was diagnosed with cancer in 2000. After her first major operation Jennifer was initially hesitant to go to the hospice. However, after a very short time she loved the people she met, and she began to look forward to

her weekly day-therapy visit. Jennifer unfortunately died in 2005.

"Shortly after her death I spotted an article in the hospice newsletter asking for trustees. My application was successful, and since then I have served on the Board of Trustees and was appointed Treasurer earlier this year and am now using my financial knowledge to assist the hospice in what is a challenging financial environment.

Good health is something most of us tend to take for granted. The Hospice is there to help when the dark times come. In a newspaper article shortly after my wife's death I described the services provided by the hospice as "priceless." I still believe that today."



£5800 raised on a perfect day for golf

A par-fect day was had by all who attended Woodcocks Solicitors annual golf tournament. A fabulous £5821 was raised through donations and a raffle. The winning team was Woodcocks with Golf Rossendale hot on their heels in the runners up spot. Dave McCann, Senior Partner at Woodcocks said: "The hospice is a wonderful cause — it provides great comfort for a lot of people in the community — and we are proud to be Patrons. I am not sure how many people know that it relies heavily on fundraising and donations to keep going. Clearly events like the golf day are important to help it continue."



The winning Woodcocks' team... they raised £5821

Other Golfing events: Bury and District Golf Ladies Golf day raised £800. Rossendales Ltd had a golf day and raised £225.10

Wills raise £5,180

Woodcock's solicitors ran a very successful Wills Fortnight for the Hospice raising £5,180. They prepared wills for people in the usual way and donated their fees to Hospice Funds.

"Woodcocks are our patrons and they help in lots of ways" said Chief Executive Irene Smith. "This was very successful and we are really grateful for their good work."

Other ways in which you can help your Hospice

Ebay: Large or specialised items can be sold on our Ebay site. All our volunteer, Louise McGuinness, needs to know is the make, model and age and any photographs. (unfortunately we are unable to except wheel chairs or mobility scooters). Did you also know that you can avoid listing fees when you donate a percentage or all of the proceeds from the sale of an item you are selling on Ebay?

Cash for Cards: Avoid the expense of sending Christmas cards this year. If you are a business, group or family who would prefer to donate instead of sending cards

then please request one of our posters. Then simply send in the money to the Hospice or we will collect.

E-cards: Choose to email your contacts with one of our e-cards. This is not just an eco-friendly way of sending your wishes it also saves on postage costs.

We also accept printer cartridges, mobile phones, stamps and foreign currency:

Facebook/Twitter/UTube Please follow us on Facebook and twitter @RossHospice. We now have nearly 3000 friends on Facebook!

Inter-school Penny Pinching Challenge

What a huge success this year's Interschool challenge has proved to be. Over 9000 boxes were delivered to 37 schools throughout the valley and not only raised a fantastic £6033.24 but also raised awareness of the work that we do. Thank you to everyone who donated. The winning categories are: The Village Nursery, Helmshore, Helmshore Primary School and Haslingden High School.



Penny Pinchers at The Village Nursery

Rossendale Hospice contact details...

Main Line: 01706 253633

Facsimile: 01706 218878 Hospice at Home
01706 222712 Day Therapy

Email: admin@rossendalehospice.org

Web: www.rossendalehospice.org

Rossendale Hospice, New Cribden House,
Rossendale Primary Health Care Centre,
161 Bacup Road, Rawtenstall BB4 7PL.

Fundraising and Volunteering

If you think you can help in any way at all, just give the Fundraising department a ring on 01706 253633 or email fundraising@rossendalehospice.org



Integrated Health
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Registered Charity No. 1008228

Registered Charity No. 1008228
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No. 2655764

Patrons of Rossendale Hospice

WOODCOCKS ^W
SOLICITORS SINCE 1791

ARTHOUSE ■

Energetic challenges

Andrew Nowley has raised £430.00 by taking part in the Leeds Half Marathon, Lisbon Rock n Roll Half Marathon and Figueira Half Marathon this year, you can support future challenges Andrew is undertaking at <http://www.justgiving.com/nowley>

Laura Cole completed the Greater Manchester Marathon and raised over £700
Claire Settle completed the Chester Marathon and raised over £600 for the Hospice.

Tom Clay did the Liverpool to Chester bike ride and raised £200

Michael Melvin did a bike ride from Manchester to Blackpool and raised £265

Children from **Huncoat Primary School** raised over £530 by doing a wellie walk in memory of Lea Hoole whose two children attend the school.

Rossendale Dance and Drama Group donated £717.31 from their festival

Thank you all

TNT had a dress down day and raised £124.00

Danielle Payne organised a Treasure Hunt and made a donation of £120.00

Barker Court raised £85.00 from their Jubilee Party Raffle, **Barlows Café** raised £60.00 from their Easter raffle, **East Lancs Chamber of Commerce** raised £140.00 from their raffle, **Haslingden Fly Fishing Club** had an open day and raised £150.00, **Inner Wheel of Bacup** raised £100.00 from a coffee morning, **JJO Plc** had a collection by staff and received £36.60, **Mrs J Lennon** donated £160.00 from her market stall, **Musbury Fabrics** continue to donate their Pallet money, **Places for People** had a Jubilee event and raised £159.75, **Mrs Rooke** donated the proceeds from a meal £146.13, **Rossendale School** raised £295.00 **Sykeside Hotel** raised £80.00 from a raffle, **Mrs Judith Winstanley's** tea party raised £100.83.

Hospice Care Week took place week commencing 8 October 2012 and these are some of the people who supported it: Joan Chapman, The Mayor and Mayoress and Liz Harris held a coffee morning, and Jennifer Mackenzie had a card sale.

Supporters who chose to donate in lieu of birthdays and anniversaries

Mr Chris Gamble (birthday), Mr and Mrs Baglow (Silver Wedding Anniversary), Mrs Penny Pope (70th birthday), Mr & Mrs Cheetham (Diamond Wedding anniversary), Mrs Edna Cooper (90th birthday), Mr and Mrs Rimmer (25th wedding anniversary), Mrs Ann Riding (birthday) and Mr and Mrs Simpson (65th Wedding anniversary)

Collections at Tesco:

Thank you to our volunteers and the customers of Tesco for all your support. So far this year we have raised £2730.10 in collections.